




# EAPA NOTES



## Teacher Spotlight: Coli McGhee



I grew up Eugene, Oregon and am very fond of the Oregon Ducks (Go Ducks). I have traveled all over the world and lived in other states (New Mexico and California). I have learned that I am definitely a Pacific Northwest kind of person. I love the green colors and the changing of the seasons. I even like the rain. That being said, I love the outdoors and some of my favorite things to do are to cross-country ski and hike. I even ran the Portland Marathon (last year). I am not so sure I will be doing that again (ouch).

Prior to getting my masters degree to teach, I worked in the juvenile justice field, as a Juvenile Probation Officer. I also worked for a couple of non-profit programs for kids and have also been a head cross-country coach and an assistant track coach in the past. I love working with kids, at many levels and I love teaching (watching my students progress and learn). I have coached, taught and worked with kids off and on (mostly on) for the last 20 years, in a variety of settings. It seems weird to me to even think it has been that long. I started out as an assistant coach for my old high school coach (he hired me when I was in college at the age of 18). I had my first juvenile justice job at age 20, working at Maclaren, the state juvenile correctional facility for males under age 21. My career working with kids has progressed from there. I have had fun meeting everyone at the AllPrep Academy (and EdChoices) and I look forward to getting to know everyone even more! 



### SAVE THESE DATES:

- Now - Jan 27 ... Dance Class on Wednesdays  
(Grades 4-12)  
Contact [Imartin@allprep.us](mailto:Imartin@allprep.us) for more info.
- Dec 7 ..... Earth Science Road Tour  
(Middle school/high school)  
Contact [jseretan@allprep.us](mailto:jseretan@allprep.us) for more info.
- Dec 10 ..... OMSI Flight Class/Sub Tour  
(Grades 6-12)  
Contact [lsassen@allprep.us](mailto:lsassen@allprep.us) for more info.
- Dec 17 ..... Early College Winter Celebration  
At Mt. Scott Comm. Ctr  
(Early College students)  
Contact [kaguilar@allprep.us](mailto:kaguilar@allprep.us) for more info.
- Dec 19-Jan 3... Winter Break
- Jan 25..... Champoeg Park  
(Lower elementary)  
Contact [jseretan@allprep.us](mailto:jseretan@allprep.us) or  
[lsassen@allprep.us](mailto:lsassen@allprep.us) for more info.

Please note: Some of these trips may require advance sign up and pre-payment, so please check with the contact listed above as soon as possible if you are interested in attending!



## Robert Carey

### DECEMBER STUDENT OF THE MONTH:

Robert Carey, 10th grade, earned a “golden ticket” from his teacher, Ms. Schipper, for “Unit 1 finished in two weeks” **Good job, Robert!**

There will be a drawing at the end of the quarter (this month!) for a \$50 gift certificate (for those wishing to participate). Keep up the good work everyone-the more golden tickets in the hat, the better your chances of winning!



## \*\* Counselor's Corner \*\*

The holidays are upon us! During this time of extracurricular activities there is often a greater sense of pressure and added stress. It's important for parents and students to remember that self care is especially important this time of year. Here are some suggestions on how to make this time a joyful one and not a stressful one.

Since, our day to day tasks do not change, but our extracurricular events tend to expand, it's ok to not do everything that is offered. Take some things off your plate when you need to.

It's ok to say "when". Especially parents know the limits of their own family, so when you're feeling as though the kids need to rest instead head out the door for another event it's ok to say "when".



Take advantage of those "hot cocoa" moments. If you find yourself having an hour or two to sit down as a family, instead of pushing off to do something else, sometimes simply sitting and talking to our students and sharing a cup of cocoa and hearing how they're viewing this time of year is a great moment to take advantage of.

Homework isn't on holiday. Holiday break doesn't officially start until the 19<sup>th</sup>, so even though there are a lot of fun things going on, our students still need to stay focused on their homework now, so they can enjoy their time off a little more.

This is an exciting time of year, however since it often times is also stressful, we all need to take some time to make healthy choices for our family, take the time to reflect, and to remember what our priorities are. I hope everyone has a safe and healthy break and remembers to rejuvenate for the upcoming year!

Your AllPrep counselors, *Wendy Roller, Laurel Auda-Capel and Kevin Terpstra*



## Autumn's Hands-on Learning Opportunities

by Jennifer Seretan

This year began with a plethora of field trips, all full of enthusiastic and engaged students. School had barely started when some young students were already getting their hands dirty and their minds inquiring about wetlands. They learned about the plants and animals that preferred these boggy environments. Some students learned the steps of scientific inquiry as they investigated whether the wetlands near Hillsboro were considered healthy or not.

Our high school students went on a Salmon Watch while the younger students walked through Portland, learning about the art, history and the varied means of transportation our unique city offers. This Portland Walking Tour was such a hit that another followed shortly after, illustrating the spookier side of town for the older students. Meanwhile, the younger students visited the traditional pumpkin patch including all the usual fall fun.

Continuing with the Halloween theme, Oregon Museum of Science and Industry taught our young students about the Science of Fear. How does your body react and respond to surprises and crises? What does physics have to do with your hair standing on end?

To fill out the month, October also provided us with the first of several visits to a real college science laboratory at George Fox University. Some students spent a couple hours learning about the properties of water. This intense study offered students an alternative means of fulfilling experiments and projects in their OdysseyWare curriculum, as most of our field trips do.

We look forward to several more opportunities to partner with George Fox University and OMSI in providing more hands-on science activities for our students this year. There will also be plenty more opportunities to learn about our history, science and literature first-hand. So, keep your eye on the calendar and don't miss out.

Contact Linda Sassen at [lsassen@allprep.us](mailto:lsassen@allprep.us). She frequently posts upcoming events on OdysseyWare. She can answer your questions, accept your registration information and confirm your reservations. Upon returning from a field trip, be sure to show your teacher what you learned. Our teachers are interested in your activities and happy to help you receive credit for your newly acquired knowledge. Hope to see you on our next adventure!



We are exploring Jackson Bottom Wetlands Preserve and the kids found praying mantises!

(Pictured: Ben and Eliana Swan)



## Hola amigos, familias y alumnos de AVE,

Voy a compartir una fabula corta escrito por Paulo Coelho el autor del libro, **El Alquimista, Una Fabula Para Seguir Tu Sueños**

Un Mercader envió a su hijo a aprender el Secreto de la Felicidad junto al más sabio de todos los hombres. El muchacho anduvo durante cuarenta días por el desierto, hasta llegar a un hermoso castillo, en lo alto de una montaña. Allí vivía el Sabio que el muchacho buscaba.

Sin embargo, en vez de encontrar a un hombre santo, nuestro héroe entró en una sala y vio una actividad inmensa; mercaderes que entraban y salían, personas conversaban por los rincones, una pequeña orquesta tocaba suaves melodías y había una mesa cubierta con los platos más deliciosos de aquella región del mundo. El Sabio conversaba con todos, y el muchacho tuvo que esperar dos horas hasta llegar a ser a su vez atendido.

El Sabio escuchó con atención el motivo de la visita del muchacho, pero le dijo que en aquel momento no tenía tiempo de explicarle el Secreto de la Felicidad. Sugirió que el muchacho se diese un paseo por su palacio y volviera al cabo de dos horas. **-Mientras tanto, quiero pedirte un favor-**concluyó el Sabio, entregando al muchacho una cucharita en la que dejó caer dos gotas de aceite-, **mientras vas caminando, lleva esta cucharita sin dejar que se derrame el aceite.**

El muchacho comenzó a subir y bajar las escalinatas del palacio, manteniendo siempre fijos los ojos en la cucharita. Al cabo de las dos horas, volvió a la presencia del Sabio.

**-Entonces-**preguntó el Sabio-, **¿Viste las tapicerías de Persia que hay en el comedor? ¿Viste el jardín que el Maestro de Jardineros tardó diez años en plantar? ¿Reparaste en los bellos pergaminos de mi biblioteca?**

El muchacho, avergonzado, confesó que no había visto nada. Su única preocupación era no derramar las gotas de aceite que el Sabio le había confiado.

**-Vuelve, pues, y conoce las maravillas de mi mundo-**dijo el Sabio-. **No puedes confiar en un hombre si no conoces su casa.**

Ya más tranquilo, el muchacho cogió la cucharita volvió a pasear por el palacio, fijándose esta vez en todas las obras de arte que pendían del techo y de las paredes. Vio los jardines, las montañas en derredor, la delicadeza de las flores, la exquisitez con que cada obra de arte estaba colocada en su sitio. Al regresar al lado del Sabio, relató con pormenores todo lo que había visto.

**-Pero, donde están las dos gotas de aceite que te confié-**preguntó el Sabio.

Mirando hacia la cucharita, el muchacho se dio cuenta de que las había derramado.

**-Pues éste es el único consejo que tengo para darte-**dijo el más Sabio de los Sabios-. El Secreto de la Felicidad está en mirar todas las maravillas del mundo y no olvidarse de las dos gotas de aceite de la cucharita.



Del Bernardini, Director, De La Academia Virtual de Éxito



## A Note From Our Principal:

I love the holiday season! No matter what holiday is being celebrated, I love the feeling of warmth and giving that seems to permeate the air. I have seen so many instances of giving and sharing that have occurred amongst our teachers, students and families in Estacada AllPrep Academy and am so proud to be associated with the people in our school.

Let's all put forth our best effort as we move quickly toward the winter break.

I want each and every one of you to be able to spend some quality time during the break with your families and those you love in order to refresh and start the New Year with a renewed determination to reach your goals.

Thank you for making Estacada AllPrep Academy a great school.

Sincerely,

Joni Tabler

Principal





## Fun Football Season!

Heather Myers, a 9<sup>th</sup> grade student at Estacada AllPrep Academy, played junior varsity football for the first time this year, at Estacada High School. Their season just ended and it was a great one—the Rangers were undefeated— 9-0! I want to recognize Heather for her accomplishment because football is a sport not traditionally played by females. I am so proud of her for working hard to accomplish this unique goal, for sticking with it even when it was tough, and for being an example for other students.



### **Way to go, Heather!**

*Elizabeth Kaiel, AllPrep Teacher*

Heather: “It's been a good experience - a little tough at first but it got easier as I learned more. All the guys are really nice and think it's cool that I'm on the team and a lot of the girls at the school think it's so amazing that I did it.”

## DID YOU KNOW? . . .

- 20/20 vision means the eye can see normally at 20 feet. 20/15 is better; the eye can see at 20 feet what another eye sees at 15 feet.
- Oxygen, carbon, hydrogen and nitrogen make up 90% of the human body.
- A mosquito has 47 teeth.
- Sea otters have 2 coats of fur.
- The brain uses more than 25% of the oxygen used by the human body.
- There are more beetles than any other kind of creature in the world.
- An ostrich's eye is bigger than its brain.
- If you could drive to the sun -- at 55 miles per hour -- it would take about 193 years
- Which of the 50 states has never had an earthquake? North Dakota.
- No matter its size or thickness, no piece of paper can be folded in half more than 7 times.
- The ears of a cricket are located on the front legs, just below the knee.

### CONTACT INFORMATION:

Joni Tabler, Principal, 503-867-1696, [jtabler@allprep.us](mailto:jtabler@allprep.us)  
 Dale Bernardini, Vice Principal, 971-275-2394, [dbernardini@allprep.us](mailto:dbernardini@allprep.us)  
 Office, 354 SE Highway 211, PO Box 2631, Estacada, OR 97023, 503-630-5001  
[www.estacadawebacademy.com](http://www.estacadawebacademy.com) ••• [www.allprep.us](http://www.allprep.us)

Next EAPA Board Meeting:

Tuesday, January 26, 2010

5:30 pm at the Estacada Office



**AllPrep** | Academies & Early Colleges

354 SE Hwy 211  
 PO Box 2631  
 Estacada, OR 97023

We are required by law to make state assessment results open to the public. Attached is a summary of our results for the 2008-2009 school year. For a more detailed account of our state report card, please visit our webpage at [www.allprep.us](http://www.allprep.us)

The state report card information will be available to view on our website no later than January 15, 2010.

District: **Estacada SD 108 (1930)**  
 School: **Estacada Web Academy (4670)**  
 Public Version

**OREGON Department of Education**  
 255 Capitol Street NE, Salem OR 97310  
 Wednesday, November 04, 2009

**Overall School Rating: Not Rated<sup>1</sup>**

### School Rating Summary Data

Summary Data		Rating / Comments
<b>Achievement Index</b> <small>See pages 2 and 3</small>	<b>81.5</b>	<b>Not Rated</b>
<b>Attendance Rate</b> <small>See page 4</small>	<b>100.0</b>	<b>Not Rated</b>
<b>Participation Rate</b> <small>See page 4</small>	<b>88.9</b>	<b>Not Rated</b>
<b>AYP Status</b>	<b>NOTE</b>	<i>If the AYP Status is Met, the Overall School Rating cannot be lower than Satisfactory.</i>
<i>Overall School Rating</i>		<b>Not Rated</b>

The Overall School Rating is based on the Achievement Index. If any of the Other Indicators (Attendance, Graduation or Participation) are lower than the Achievement Index, the Overall School Rating is reduced to the lowest rating of the Other Indicators. However, if the AYP Status is Met, the Overall School Rating cannot be lower than Satisfactory.

### School Performance Data

2007-08 and 2008-09 Combined	Reading	Math
<b>% Meets</b>	<b>48.0</b>	<b>37.4</b>
<b>% Exceeds</b>	<b>34.7</b>	<b>21.2</b>
<b>% Meets or Exceeds</b>	<b>82.7</b>	<b>58.6</b>
<b>% Meets, Exceeds, or Meets Growth</b>	<b>84.7</b>	<b>59.6</b>

<sup>1</sup> In order to receive a rating, Estacada AllPrep Academy needs to have data from two years.